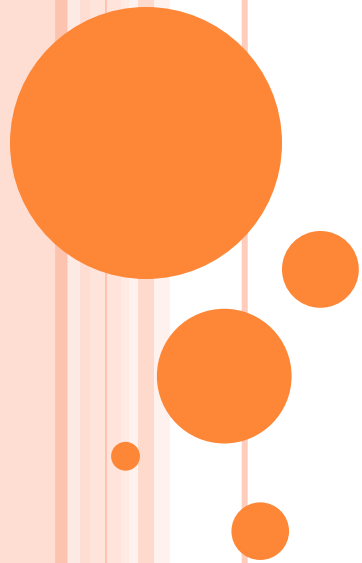


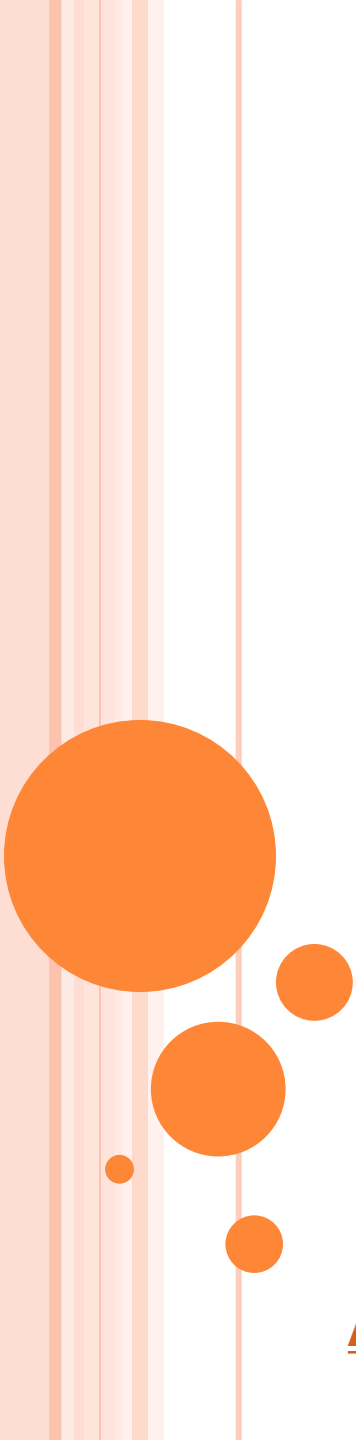


IMPROVMINDSET

Andrew@ImprovMindset.com - www.ImprovMindset.com



Andrew@ImprovMindset.com - **www.ImprovMindset.com**



DEMONSTRATE SOME EXERCISES THAT WE USE IN
IMPROVISATIONAL THEATER, AND HOW THESE
LESSONS RELATE TO **COMMUNICATION, TEAM
BUILDING, CHANGE MANAGEMENT AND LEADERSHIP.**

KEY ISSUES COVERED INCLUDE:

BEING PRESENT IN THE MOMENT

BRINGING A PERSONAL CONNECTION TO
YOUR WORK

REFRAMING 'CHANGE' AS AN 'OFFER'

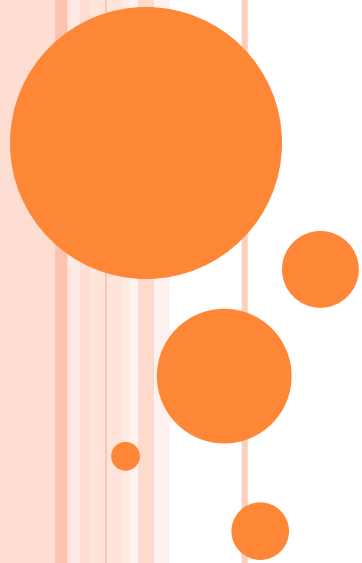
ACCEPTING AND **BUILDING** ON OFFERS
WITH 'YES, AND'

Andrew@ImprovMindset.com - **www.ImprovMindset.com**



THE RULES OF IMPROV

Andrew@ImprovMindset.com - www.ImprovMindset.com

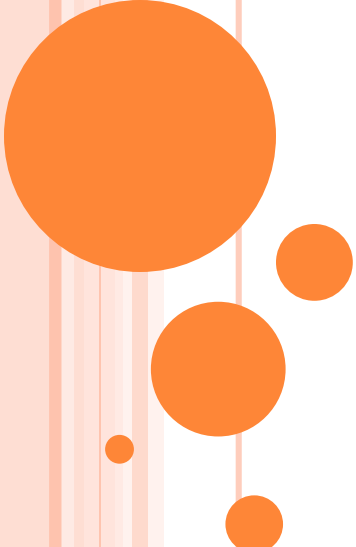


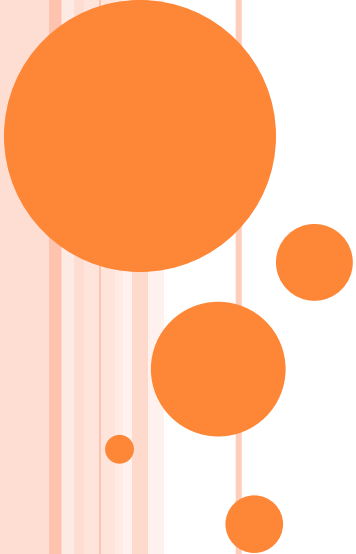
1. MAKE IT PERSONAL

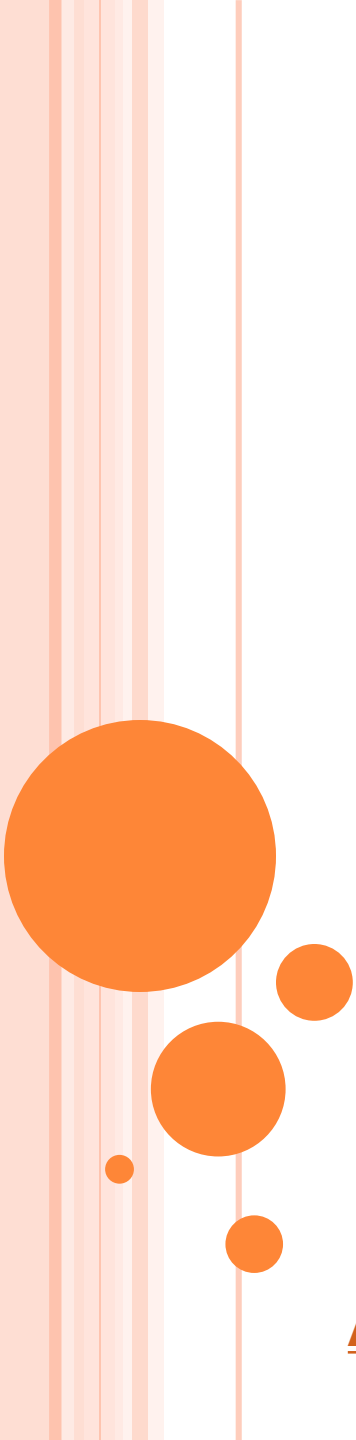
Andrew@ImprovMindset.com - www.ImprovMindset.com

- 
- 1. MAKE IT PERSONAL**
 - 2. MAKE A CHOICE**

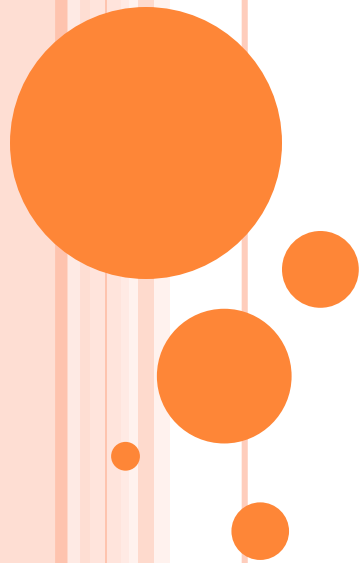
Andrew@ImprovMindset.com - **www.ImprovMindset.com**

- 
- 1. MAKE IT PERSONAL**
 - 2. MAKE A CHOICE**
 - 3. ACCEPT AND BUILD ON OFFERS;
*(YES, AND...)***

- 
- 1. MAKE IT PERSONAL**
 - 2. MAKE A CHOICE**
 - 3. ACCEPT AND BUILD ON OFFERS;
*(YES, AND...)***
 - 4. EVERYTHING IS AN OFFER**

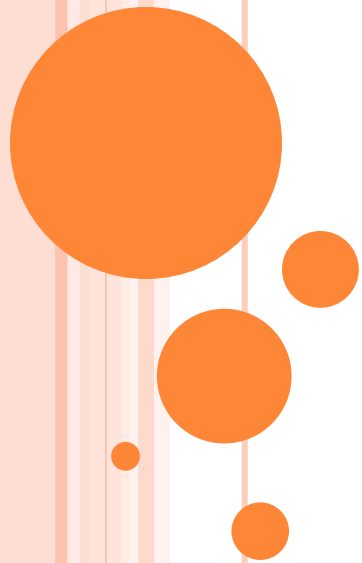
- 
- 1. MAKE IT PERSONAL**
 - 2. MAKE A CHOICE**
 - 3. ACCEPT AND BUILD ON OFFERS;
*(YES, AND...)***
 - 4. EVERYTHING IS AN OFFER**
 - 5. BE WILLING TO PLAY**

EXPERIENTIAL LEARNING



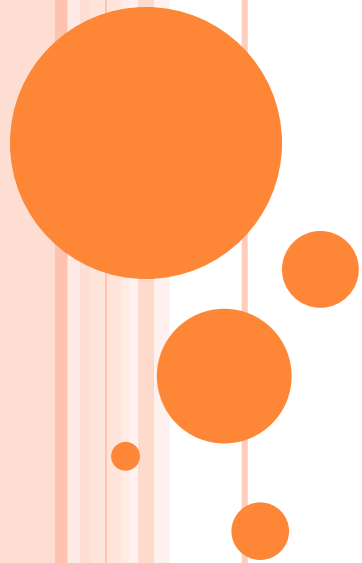
Andrew@ImprovMindset.com - **www.ImprovMindset.com**

EXERCISES



Andrew@ImprovMindset.com - **www.ImprovMindset.com**

WORD BALL

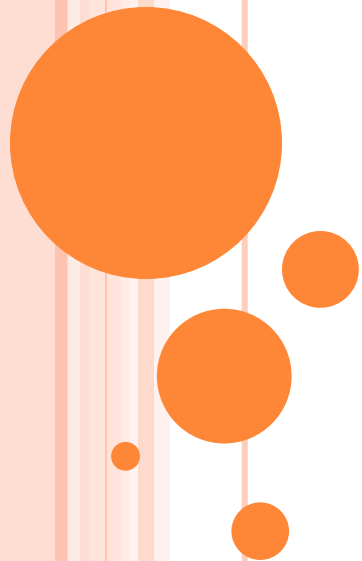


Andrew@ImprovMindset.com - **www.ImprovMindset.com**

WORD BALL

- Did you find yourself responding to the word given, or were you a few words behind?
- What was different with a personal connection?
 - Was it easier? Harder?

CATEGORIES

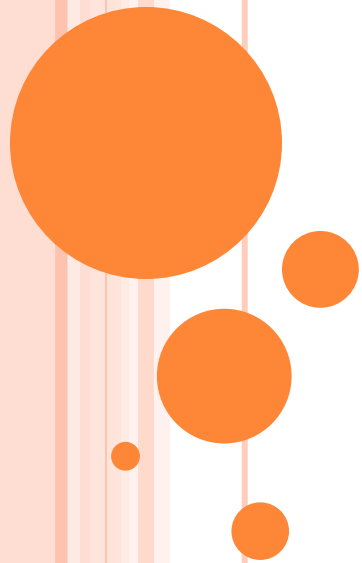


Andrew@ImprovMindset.com - **www.ImprovMindset.com**

CATEGORIES

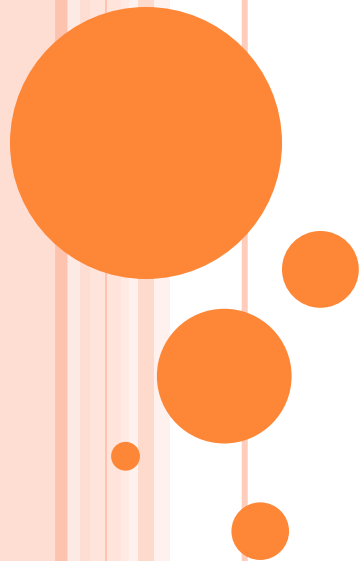
- How did that idea of suspending the rules change the process?
- Did it create more energy and excitement?
- Were people proud of their answers, or did they 'apologize' for the answer they gave?

PATTERNS



Andrew@ImprovMindset.com - **www.ImprovMindset.com**

YES, AND



Andrew@ImprovMindset.com - www.ImprovMindset.com

YES, AND

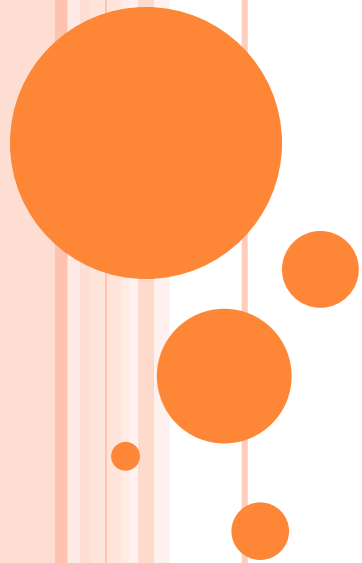
A tool to **Accept** and **Build** on offers

- No
- Yes, but....
- Yes, and...
- Vacation Story

YES, AND

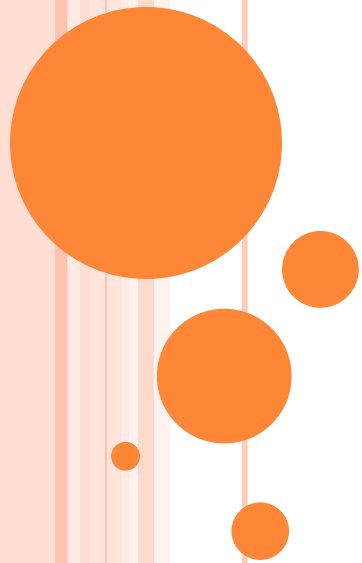
- The CHALLENGE
- ‘What’s Under The Van?’
- Use ‘*Yes, and...*’ as a tool to create consensus.

DR. KNOW IT ALL



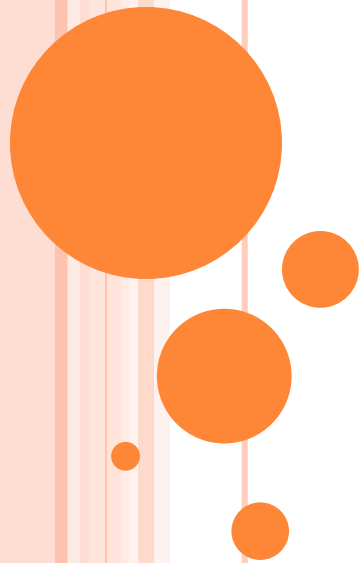
Andrew@ImprovMindset.com - **www.ImprovMindset.com**

FOREIGN POET



Andrew@ImprovMindset.com - **www.ImprovMindset.com**

COMMUNICATION



Andrew@ImprovMindset.com - **www.ImprovMindset.com**



COMMUNICATION

- How much is verbal? Non-verbal?
- When you are hearing new ideas and offers,
what does your body language and tonality say?
- Is it aligned with your goals?
- How can you create a climate of learning and
accepting new ideas, when you are blocking it
with your physicality?

COMMUNICATION

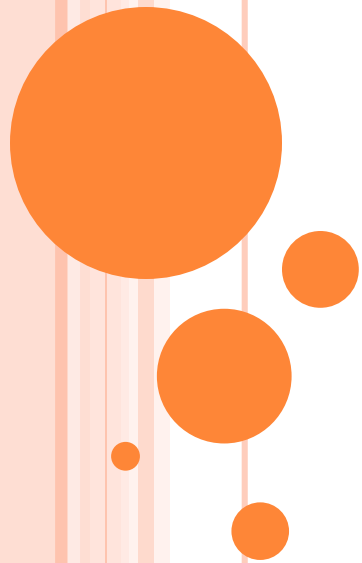
Non verbal – 55%

Tonal – 38%

Words – 7%

Your Words, Tonality and Non-verbal communication must align, or your Words lose their impact.

STORY TELLING

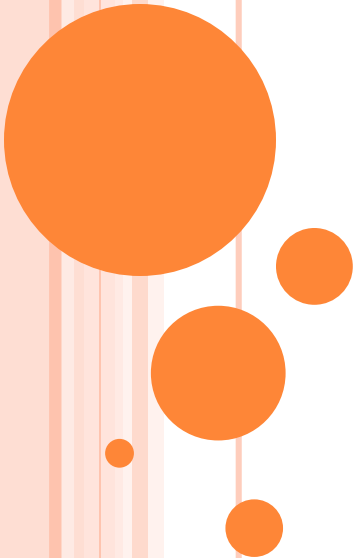


Andrew@ImprovMindset.com - **www.ImprovMindset.com**

STORY TELLING

Half Life

- What do you miss from the story? Does it make it stronger?



A

E

F

B

C

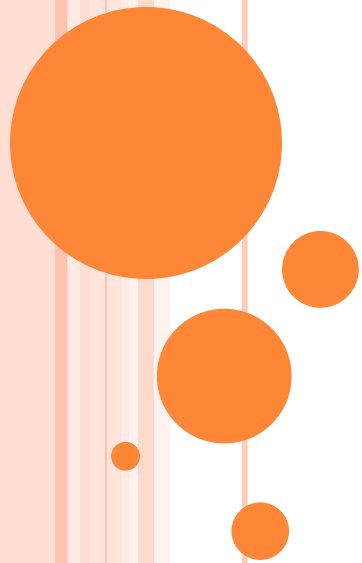
D

G

STORY – SEVEN LINE

- **Once upon a time...**
- **And every day...**
- **Until one day...**
- **Because of this...**
- **Because of this...**
- **Until finally...**
- **And ever since then...**

YEA, BOO



Andrew@ImprovMindset.com - **www.ImprovMindset.com**

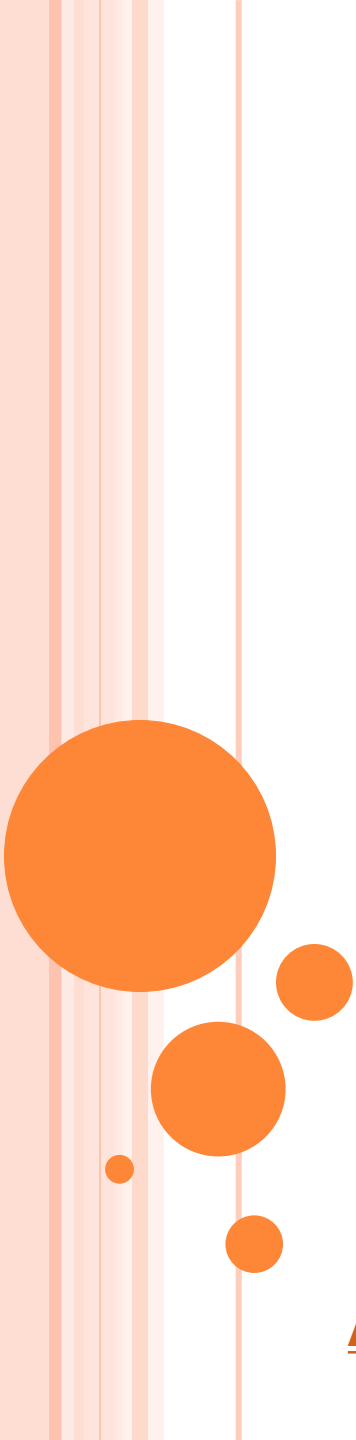
YEA, BOO

- How did it feel to have everyone 'BOO' you?
- Did you die?

YES, AND

THE CHALLENGE...

- How can you take a *practice*, and turn it into a *discipline*?

- 
- 1. MAKE IT PERSONAL**
 - 2. MAKE A CHOICE**
 - 3. ACCEPT AND BUILD ON OFFERS;
*(YES, AND...)***
 - 4. EVERYTHING IS AN OFFER**
 - 5. BE WILLING TO PLAY**



IMPROVMINDSET

WWW.IMPROVMINDSET.COM